



The Q2 Health Promotion Scholarships Program

Making Cities Liveable Conference
Gold Coast – 26th March 2009
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Health Coalition

Background

- Logan-Beaudesert CD PBI - Project phase 2006 to 2008 to develop a place based health promotion model
- Joint appointment (GU/QH) commenced June 2008
- Funding for : 1 x FTE (HP Coordinator); \$300,000pa

What is the Q2 Health Promotion Scholarships program?

- Health promotion research and capacity building program
- Offered by GU and funded by Qld Health

Aim

- To support strategic health promotion research and its translation to practice and policy within the Logan-Beautesert community

Objectives

- Embedding a rigor within HP planning and action
- Building capacity for sustainable HP practice that address the needs of local community
- Improve health planning, resourcing, health systems and policy analysis through translational research
- Extend to the community the benefits of industry related research and HP practice

How?

- Recruit researchers from:
 - Staff of local service providers, and
 - Community members
- Employed for 3 days/week for 12/12
- To develop and implement health promotion projects addressing SDH relevant to sustainable development

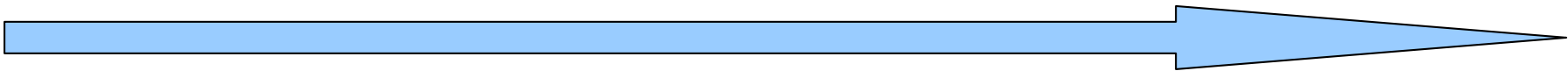
- Based on *Toward Q2: Tomorrow's Queensland* 5 target areas ('ambitions'):
 - Economy
 - Environment and lifestyle
 - Education and skills
 - Health
 - Community

Support

- Access to GU facilities and resources
- Mentoring arrangement/HP network
- HP Coordinator at project meetings
- Team environment

The Q2 Scholarship Year – Community of Practice

Aim: to enhance health promotion thinking and doing

BASELINE PHASE	LEARNING PHASE	GOAL SETTING PHASE (project planning)	TRANSLATION PHASE (project implementation)	REFLECTIVE PHASE
				
1 month (weeks 1 to 4) Start 6 April to 1 May	2 months (weeks 5 to 12) Start May 09 to end June	3 months (weeks 13 to 25) Start end June to end Sept 09	5 months (weeks 26 to 47) Start end Sept to end Feb 10	1 month (weeks 48 to 52) Start end Feb to end Mar 10
<u>Aim:</u> orientation to the work environment and to help consolidate team cohesion. <u>Methods:</u> •Orientation program (getting to know each other, the GU environment; HR) •Formal and informal mechanisms (eg to establish agreed rules and procedures for group learning and operation) •Readings: <i>Toward Q2</i> to start to identify a focus area. •Mentoring •Feedback sessions by Q2ers on the HP program	<u>Aim:</u> to promote a learning orientation regarding HP values and ways of working <u>Methods</u> •Workshops/guest speakers on HP (HP definition; social model of health; place/settings approach; SDH; Ottawa Charter's enable, mediate, advocate; principles x 5) •Professional HP network •Mentoring •Feedback sessions on HP program •Hands-on learning: shadowing (Beaudesert community capacity project) program manager	<u>Aim:</u> to develop HP project objectives based on agreed <i>Toward Q2</i> priorities <u>Methods:</u> •Team meetings to identify Q2ers learning needs (eg knowledge, skills) and research interests •Team meetings to develop agreed priorities for action – develop a project plan •Mentoring •Feedback sessions on HP program	<u>Aim:</u> to fully implement strategies identified in the project plan and project logic. <u>Method:</u> •Implementation of Q2ers projects •Provision of support eg through mentoring; links to project resources; learning circles; seminars; and guest speakers on identified learning needs. •Feedback sessions on HP program	<u>Aim:</u> to provide an opportunity/mechanism for scholars to reflect on their learning's during the course of the project. <u>Method:</u> •Collaborative assessment of knowledge growth; motivation for ongoing HP work; development of common values and capacity to change •Feedback sessions on HP program

Where to from here?

- Commencement date: Monday 6th April
- Launch?

Contact

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*Leaders in Health, Partners in planning
responding to the community*

